

Austin Yacht Club - Junior Sailing Program
"AYC Roadrunners Junior Sailing Team"



Green Fleet



Practice Session
Sunday, February 7, 2010
2:00—4:00 p.m.

The first 2010 Opti "Green Fleet" practice session will be held on Sunday, **February 7, 2010** from 2:00 p.m.-4:00 p.m. Parent volunteers are needed to help rig and de-rig. Please plan to arrive no later than 1:15 p.m. The water temperature will be cold. So, please equip your skipper with warm clothing for sailing (hat, jacket, pants, booties, gloves, etc.), a good lifejacket, snacks, water, and bring an extra set of dry clothes for afterwards. After the practice session, we will have a brief sail training discussion with the skippers at the junior dock pavilion, where we will also discuss fleet dues, boat use policy, this year's race and practice schedule, sign-up sheets, the upcoming swap meet on February 28, our new website, the TSA Roadrunner Regatta at AYC on March 6 & 7, and other important news. So, please plan to stay until about 5:00 p.m. A limited supply of Opti Fleet T-shirts will be available for purchase in cash at \$15 each.

Ten Optis are available for use during Green Fleet practice sessions and races. To reserve an Opti for February 7, please contact Yolanda Cortés Mares at ymares@earthlink.net before February 7. Due to the limited number of club Optis available, reservations will be accepted on a first-come basis. Non-AYC members are welcome.

About the Green Fleet: *Over 150,000 kids in over 110 countries sail Optimist sailboats. The "Opti" is the biggest dinghy class in the world and the fastest growing class. Former Opti sailors were over 85% of medal winners at the last Olympics. Opti fleets are often split by age group and skill level into four groups: red, blue, white and green. At Optimist regattas, trophies are typically awarded to the top skippers in each age group, or fleet. White fleet is for skippers who are 10 and under. Blue fleet is for skippers who are 11 or 12. Red fleet is for skippers who are 13 to 15. Your "age" is based on the first day of the regatta, not the skipper's age at the end of the current year. At most regattas, the red, blue, and white fleets all start at the same time and race on the same course, while the green fleet races separately. The green fleet is a fleet for beginners of all ages, from 6 to 15 years. The purpose of the green fleet is to encourage novice sailors. After a while, a green fleet sailor will typically move into their age-appropriate fleet. AYC started a "Green Fleet" last year as a way to introduce to junior racing young sailors who have already learned how to sail, for example, through AYC's "PB&J" summer class. For more information about Opti sailing and the "Green Fleet", including a handy parent manual, please see www.usoda.org.*

For more information about all AYC junior sailing programs, including registration for the TSA Roadrunner Regatta, please see the new AYC Roadrunners Junior Sailing Team website at www.aycroadrunners.wordpress.com. Our 2010 Green Fleet Spring Schedule is on the next page. Please mark your calendar and reserve your Opti early!

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2010 Spring Schedule

February 7	AYC Green Fleet & Jr. Roadrunner Sail Practice (2-4 pm)
February 14	AYC Green Fleet & Jr. Roadrunner Sail Practice (2-4 pm)
February 21	AYC Green Fleet & Jr. Roadrunner Sail Practice (2-4 pm)
February 28	Swap Meet Sale (1-4 pm)
March 6-7	Roadrunner Regatta
March 14	Opening Day Junior Fun Race (Opti's, FJ's, Lasers) (before adult race)
March 20	AYC Green Fleet & Jr. Roadrunner Sail Practice (2-4 pm)
March 27	Junior Series Regatta, Race #1, (Opti's, FJ's, Lasers) (2-4 pm)
April 3	AYC Green Fleet and Jr. Roadrunner Sail Practice (2-4 pm)
April 17	AYC Green Fleet & Jr. Roadrunner Sail Practice (2-4 pm)
April 24	Junior Roadrunner Series Regatta, Race #2 (2-4 PM)
May 1-2	Centerboard Regatta (Separate Start/Course for Green Fleet)
May 8	AYC Green Fleet & Jr. Roadrunner Sail Practice (2-4 pm)
May 23	Junior Roadrunner Series Regatta – Race #3